



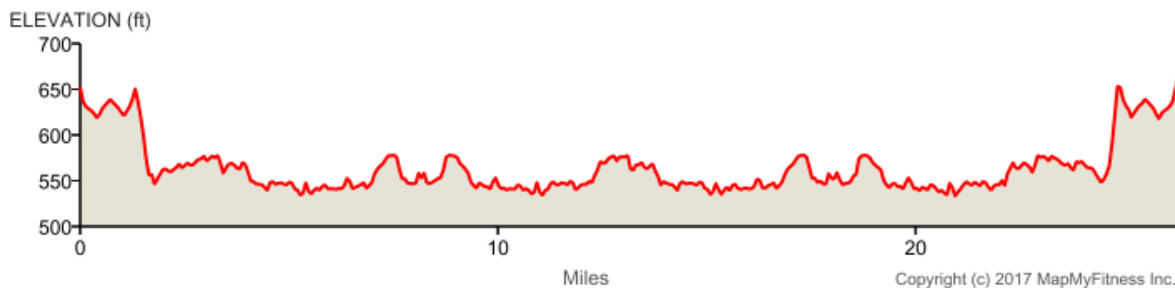
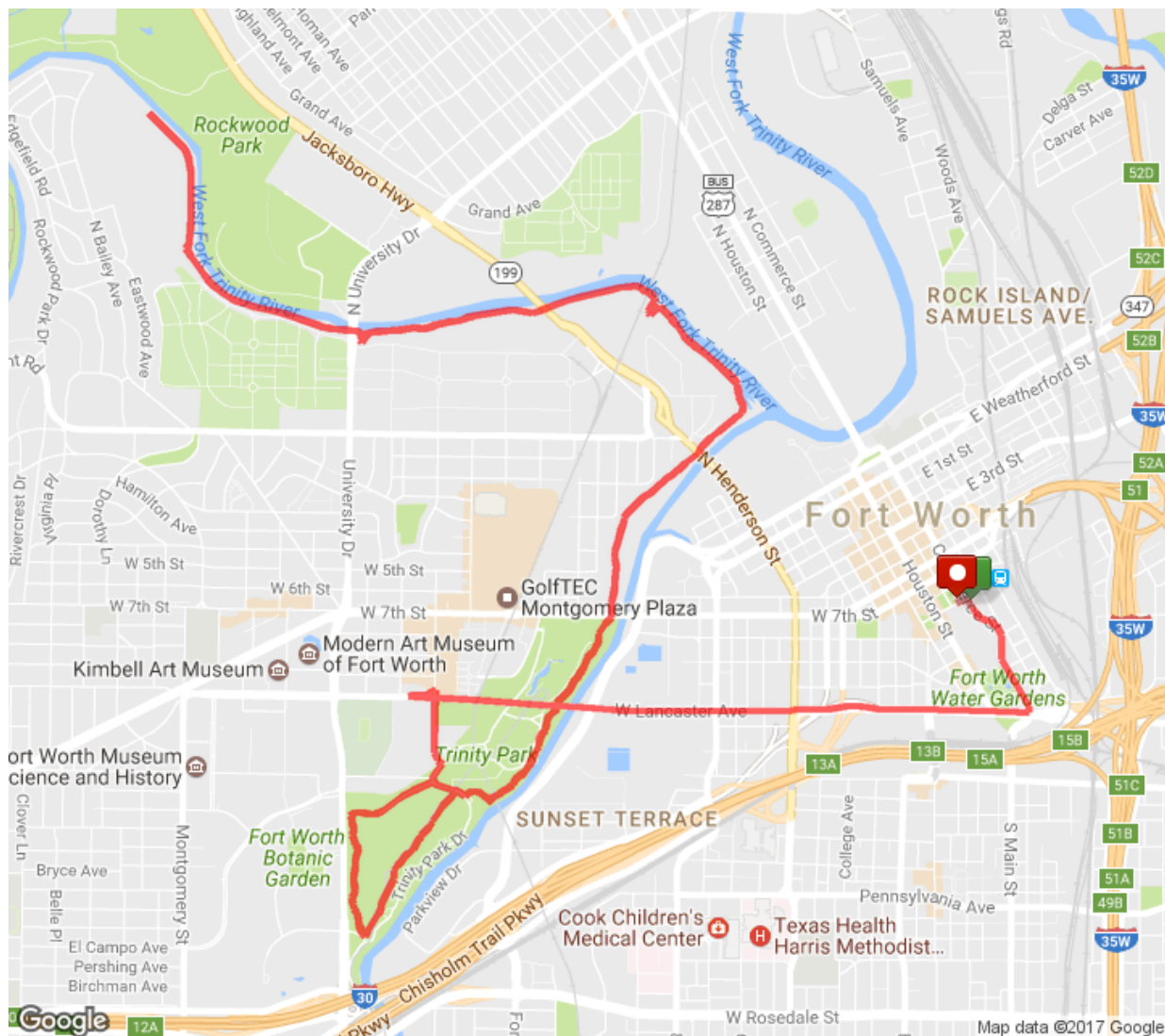
### full run 3/7

Distance: 26.28 mi

Elevation Gain: 512 ft

Elevation Max: 663 ft

### Notes



0.00 mi Head southeast on Commerce St

<b>0.04 mi</b>	Head southeast on Commerce St toward E 12th St Destination will be on the right
<b>0.27 mi</b>	Head southeast on Commerce St toward E 15th St
<b>0.41 mi</b>	Turn right onto W Lancaster Ave
<b>0.41 mi</b>	Head west on W Lancaster Ave toward Main St Destination will be on the right
<b>0.89 mi</b>	Head west on W Lancaster Ave toward Florence St Destination will be on the right
<b>1.49 mi</b>	Head west on W Lancaster Ave
<b>2.33 mi</b>	Sharp right Destination will be on the left
<b>2.34 mi</b>	Head east toward Foch St
<b>2.42 mi</b>	Turn right onto Foch St Destination will be on the left
<b>2.42 mi</b>	Head south on Foch St toward Trinity Park Dr Destination will be on the right
<b>2.65 mi</b>	Head southeast on Foch St toward Trinity Park Dr
<b>2.65 mi</b>	Turn right onto Trinity Park Dr
<b>2.72 mi</b>	Turn right onto Trinity Park Ct
<b>2.72 mi</b>	Head southwest on Trinity Park Ct
<b>2.93 mi</b>	Head west on Trinity Park Ct
<b>3.00 mi</b>	Head south on Trinity Park Ct
<b>3.17 mi</b>	Head south
<b>3.40 mi</b>	Head northeast Destination will be on the left
<b>3.67 mi</b>	Head northeast toward Trinity Park Dr
<b>3.94 mi</b>	Turn left onto Trinity Park Dr Destination will be on the right
<b>3.95 mi</b>	Head east on Trinity Park Dr
<b>3.99 mi</b>	Turn left
<b>4.05 mi</b>	Head southeast

<b>4.08 mi</b>	Turn left toward Fort Worth Branch (Trinity Trails System)
<b>4.22 mi</b>	Continue onto Fort Worth Branch (Trinity Trails System)
<b>4.40 mi</b>	Slight left to stay on Fort Worth Branch (Trinity Trails System)
<b>4.65 mi</b>	Head northeast on Fort Worth Branch (Trinity Trails System)
<b>4.71 mi</b>	Slight right to stay on Fort Worth Branch (Trinity Trails System)
<b>4.76 mi</b>	Slight right to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>4.94 mi</b>	Head north on Fort Worth Branch (Trinity Trails System)
<b>4.99 mi</b>	Keep right to stay on Fort Worth Branch (Trinity Trails System)
<b>5.50 mi</b>	Slight right to stay on Fort Worth Branch (Trinity Trails System)
<b>5.64 mi</b>	Head northwest on Fort Worth Branch (Trinity Trails System)
<b>5.74 mi</b>	Head northwest on Fort Worth Branch (Trinity Trails System)
<b>6.06 mi</b>	Turn right to stay on Fort Worth Branch (Trinity Trails System)
<b>6.07 mi</b>	Turn right to stay on Fort Worth Branch (Trinity Trails System)
<b>6.19 mi</b>	Head west on Fort Worth Branch (Trinity Trails System)
<b>6.53 mi</b>	Slight right to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>7.03 mi</b>	Head west on Fort Worth Branch (Trinity Trails System)
<b>7.08 mi</b>	Turn right toward Heritage Park/Rockwood Park Dr
<b>7.09 mi</b>	Turn right onto Heritage Park/Rockwood Park Dr
<b>7.74 mi</b>	Turn right onto Fort Worth Branch (Trinity Trails System)/Trinity Tr Destination will be on the right
<b>8.17 mi</b>	Head southeast on Fort Worth Branch (Trinity Trails System)/Trinity Tr toward Heritage Park/Rockwood Park Dr
<b>8.50 mi</b>	Head south on Fort Worth Branch (Trinity Trails System)/Trinity Tr toward Heritage Park/Rockwood Park Dr
<b>8.60 mi</b>	Turn left onto Heritage Park/Rockwood Park Dr Destination will be on the right
<b>8.93 mi</b>	Head east on Heritage Park/Rockwood Park Dr

---

<b>9.25 mi</b>	Turn left toward Fort Worth Branch (Trinity Trails System)
<b>9.26 mi</b>	Turn left onto Fort Worth Branch (Trinity Trails System)
<b>9.64 mi</b>	Head east on Fort Worth Branch (Trinity Trails System)
<b>9.83 mi</b>	Slight left to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>10.14 mi</b>	Head east on Fort Worth Branch (Trinity Trails System)
<b>10.26 mi</b>	Turn left to stay on Fort Worth Branch (Trinity Trails System)
<b>10.27 mi</b>	Turn left to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the left
<b>10.35 mi</b>	Head southeast on Fort Worth Branch (Trinity Trails System)
<b>10.67 mi</b>	Head south on Fort Worth Branch (Trinity Trails System) Destination will be on the left
<b>10.77 mi</b>	Head southwest on Fort Worth Branch (Trinity Trails System)
<b>10.86 mi</b>	Continue straight to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the left
<b>11.27 mi</b>	Head southwest on Fort Worth Branch (Trinity Trails System) Destination will be on the left
<b>11.81 mi</b>	Head southwest on Fort Worth Branch (Trinity Trails System)
<b>11.89 mi</b>	Continue straight to stay on Fort Worth Branch (Trinity Trails System)
<b>12.11 mi</b>	Slight right Destination will be on the right
<b>12.26 mi</b>	Head northeast
<b>12.28 mi</b>	Turn left toward Trinity Park Dr
<b>12.37 mi</b>	Turn right onto Trinity Park Dr
<b>12.48 mi</b>	Turn right Destination will be on the right
<b>12.49 mi</b>	Head southwest toward Trinity Park Dr
<b>12.50 mi</b>	Turn left onto Trinity Park Dr
<b>12.51 mi</b>	Turn right onto Trinity Park Ct Destination will be on the left
<b>12.81 mi</b>	Head south

<b>12.94 mi</b>	Head south
<b>13.16 mi</b>	Head south
<b>13.19 mi</b>	Turn left Destination will be on the right
<b>13.49 mi</b>	Head northeast toward Trinity Park Dr Destination will be on the right
<b>13.72 mi</b>	Head northeast toward Trinity Park Dr
<b>13.73 mi</b>	Turn right onto Trinity Park Dr
<b>13.77 mi</b>	Turn left Destination will be on the right
<b>13.84 mi</b>	Head southeast
<b>13.86 mi</b>	Turn left toward Fort Worth Branch (Trinity Trails System)
<b>14.00 mi</b>	Sharp right onto Fort Worth Branch (Trinity Trails System)
<b>14.02 mi</b>	Head northeast on Fort Worth Branch (Trinity Trails System) toward Phyllis J. Tilley Memorial Bridge
<b>14.21 mi</b>	Slight left to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>14.52 mi</b>	Head north on Fort Worth Branch (Trinity Trails System)
<b>14.53 mi</b>	Slight right to stay on Fort Worth Branch (Trinity Trails System)
<b>14.57 mi</b>	Slight right to stay on Fort Worth Branch (Trinity Trails System)
<b>14.81 mi</b>	Keep right to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>15.11 mi</b>	Head northeast on Fort Worth Branch (Trinity Trails System)
<b>15.31 mi</b>	Slight right to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>15.51 mi</b>	Head northwest on Fort Worth Branch (Trinity Trails System)
<b>15.88 mi</b>	Turn right to stay on Fort Worth Branch (Trinity Trails System)
<b>15.89 mi</b>	Turn right to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>15.99 mi</b>	Head northwest on Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>16.35 mi</b>	Head west on Fort Worth Branch (Trinity Trails System)

<b>16.90 mi</b>	Turn right toward Heritage Park/Rockwood Park Dr
<b>16.90 mi</b>	Turn right onto Heritage Park/Rockwood Park Dr Destination will be on the left
<b>17.06 mi</b>	Head west on Heritage Park/Rockwood Park Dr toward Fort Worth Branch (Trinity Trails System)/Trinity Tr
<b>17.55 mi</b>	Turn right onto Fort Worth Branch (Trinity Trails System)/Trinity Tr Destination will be on the right
<b>18.02 mi</b>	Head southeast on Fort Worth Branch (Trinity Trails System)/Trinity Tr toward Heritage Park/Rockwood Park Dr
<b>18.49 mi</b>	Turn left onto Heritage Park/Rockwood Park Dr
<b>18.50 mi</b>	Head southeast on Heritage Park/Rockwood Park Dr
<b>19.14 mi</b>	Turn left toward Fort Worth Branch (Trinity Trails System)
<b>19.15 mi</b>	Turn left onto Fort Worth Branch (Trinity Trails System) Destination will be on the right
<b>19.21 mi</b>	Head east on Fort Worth Branch (Trinity Trails System)
<b>19.72 mi</b>	Slight left to stay on Fort Worth Branch (Trinity Trails System)
<b>19.94 mi</b>	Head east on Fort Worth Branch (Trinity Trails System)
<b>20.15 mi</b>	Turn left to stay on Fort Worth Branch (Trinity Trails System)
<b>20.17 mi</b>	Turn left to stay on Fort Worth Branch (Trinity Trails System) Destination will be on the left
<b>20.65 mi</b>	Head southwest on Fort Worth Branch (Trinity Trails System)
<b>20.75 mi</b>	Continue straight to stay on Fort Worth Branch (Trinity Trails System)
<b>21.79 mi</b>	Continue straight to stay on Fort Worth Branch (Trinity Trails System)
<b>22.01 mi</b>	Slight right Destination will be on the right
<b>22.01 mi</b>	Head southwest
<b>22.14 mi</b>	Turn right Destination will be on the right
<b>22.20 mi</b>	Head west toward Trinity Park Dr
<b>22.24 mi</b>	Turn right onto Trinity Park Dr
<b>22.27 mi</b>	Turn left Destination will be on the left

---

<b>22.33 mi</b>	Head southwest Destination will be on the right
<b>22.72 mi</b>	Head southwest
<b>22.81 mi</b>	Turn right Destination will be on the right
<b>23.07 mi</b>	Head north toward Trinity Park Ct
<b>23.21 mi</b>	Continue onto Trinity Park Ct Destination will be on the left
<b>23.31 mi</b>	Head northeast on Trinity Park Ct toward Trinity Park Dr
<b>23.50 mi</b>	Turn left onto Trinity Park Dr
<b>23.56 mi</b>	Turn left onto Foch St Destination will be on the right
<b>23.76 mi</b>	Head north on Foch St
<b>23.80 mi</b>	Turn left Destination will be on the right
<b>23.85 mi</b>	Head west toward W Lancaster Ave
<b>23.89 mi</b>	Sharp left onto W Lancaster Ave Destination will be on the right
<b>23.92 mi</b>	Head east on W Lancaster Ave Destination will be on the right
<b>24.27 mi</b>	Head east on W Lancaster Ave
<b>25.81 mi</b>	Turn left onto Commerce St
<b>25.82 mi</b>	Head north on Commerce St toward E 15th St
<b>26.24 mi</b>	Turn left onto E 9th St Destination will be on the left
<b>26.27 mi</b>	Destination

---